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Banuben Dhakan

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Rita Chauhan

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& International Director
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Narendra Thakkar
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Rajan Popat

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Rajesh Tamboli
Nilesh Changani

Club Bulletin
Dr. Devangi Vaishnav
Dr. Ketan Thakkar

Special Aide to Board
Dr. Ketan Thakkar

Club Mentor
Vikram Sanghani

Social Media Co-ordinator
Vaishali Mehta

Advisory Committee :

Foundation
Dr. Nilesh Rawal
Dr. Nishith Sanghvi

Club Service
Anil Jasani
Shailesh Desai

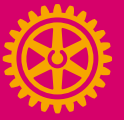
Vocational Service
Prashant Kakkad
Dr. Bhushan Kalaria

Youth Service
Dr. Gajendra Odedara
Amit Dhabalia

Midtowner

Weekly Bulletin of Rotary Club of Rajkot Midtown
Club 31287 • R.I. District 3060

UNITE FOR GOOD



Rotary
Club of Rajkot
Midtown

DATE

29/09/2025

ISSUE NO.

12

HIGHLIGHTS

આવે જો રસિયો રમવા, ઘેલી કરે હર વાતે... SHARAD UTSAV... THE MOST AWAITED EVENT OF THE YEAR.... આવી છે ને?



MEETING DETAILS

DATE : 04th October 2025
DAY : Saturday
TIME : 8pm Onwards (Dinner First, Followed By Raas Ni Ramzat)
VENUE : SARAZA hotel and party lawns
WELCOME : Midtown family and guests (guests 'charges shall be 1000/head) and A pleasant surprise awaits welcoming the. winter and bidding adieu to monsoon.... celebrating Sharad Poornima, gyrating to the tunes of garba, with fellow Midtowners... join in for the dandiya extravaganza Lot of efforts put in by Avni Kamdar, Trusha Vora and Ushma madam... see you all in large numbers
DRESSCODE : Traditional outfit



BIRTHDAY WISHES - Many many happy returns of the day!!



Chintan Parekh
1st October
98250 78978



Bharatiben Sheth
3rd October
98254 17077



Dinesh Rupareliya
3rd October
94272 65685



Amit Mehta
4th October
98240 41314



Twinkle Mehta
5th October
99989 88150



ANNIVERSARY WISHES - Wishing wonderful years of togetherness and happiness!!

Beena and Nilesh Changani
3rd October



CLUB NEWS

Midtown Rated 3rd amongst top 5 clubs, for membership growth as per Rotary.org, August 2025...

Kudos and keep it up president Jigneshbhai Kamdar and secretary Akash Parekh.. well begun is half done



MEMBERSHIP & ACCOUNTS			
Sl. No.	Club Name	Membership Status	Account Status
1	Rotary Club of Rajkot Midtown	Active	Active
2	Rotary Club of Rajkot Midtown	Active	Active
3	Rotary Club of Rajkot Midtown	Active	Active
4	Rotary Club of Rajkot Midtown	Active	Active
5	Rotary Club of Rajkot Midtown	Active	Active
6	Rotary Club of Rajkot Midtown	Active	Active
7	Rotary Club of Rajkot Midtown	Active	Active
8	Rotary Club of Rajkot Midtown	Active	Active
9	Rotary Club of Rajkot Midtown	Active	Active
10	Rotary Club of Rajkot Midtown	Active	Active

Bulletin Editors
2025 - 2026

Dr. Devangi Vaishnav
Dr. Ketan Thakkar

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[rotaryclubofrajkotmidtown](https://www.rotaryclubofrajkotmidtown.org)
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Dr. Nishant Rathod

Consultant Pediatric Neurologist
DNB, FIPN (Jaslok, Mumbai), FICG (SGPGI)



CLUB ACTIVITIES

Joy of Giving

Visit to Central Jail, on Sunday the 28th September was a one of its kind experience... under tight security, spic and span premises, central jail of Rajkot is well managed Dental check up camp was held.. almost 300 to 400 inmates were examined. (Out of 2000 inmates) Thanks to Dr. Bhushan Kalariya, Dr. Nilesh Raval, Dr. Kairavi Jivrajani, Dr. Hemali Mehta and Dr. Mili Bhatt for rendering their services Jail is equipped with a very good library with 15000 books.. Midtowners along with MGM college, M J. Kundaliya. College, donated 1000 books, toys and clothes (kudos to Twinkle Mehta, Rita Chauhan and Dr. Ashwinbhai Joshi) Project chair Dr. Banuben Dhakan interacted with inmates of women's cell and was greatly impressed by their positive attitude towards Life inspite of trying circumstances Shameena Mathur (the brain behind this noble and unique activity) promised to help them with educational issues Thanks Dr. Jatin sir, Dr. Ketan Thakkar, Dr. Bhushan Kalariya, Dr. Nilesh Raval, Neeta Motla, Rupal Bhammar, Anilkaka Jasani, Hareshbhai Parmar and President Jignesh and Avni kamdar for making the project, a fruitful one with their presence



For All Rotarians:

A humble appeal to each member of our august club to assist DPMC Package of Pathology Check up which is @ nominal cost of Rs. 600/- only as against regular cost of Rs. 1600/- for proposed tests covering almost all important parameters by sending at least one person per day for all 7 days upto 2nd October.

This will surely help build up a spirit amongst us to contribute directly and indirectly to the growth of our own centre.

So remember each member sends one person daily upto designated date.

Even members are requested to take benefit of the package for themselves and family members.

Please do come forward. This will ensure selfhelp marketing for our signature project.

PRESIDENT Jignesh Kamdar

New member proposal Jagrutiben. Bhatt, educationist (Principal) Proposed by Dr. Banuben Dhakan

Navratri was celebrated with great Enthusiasm and fervor at Manjula, last week.. keep up the spirit Manjulites and kudos to Vikram Bhai and Beena Sanghani, Malini and Team Manjul.

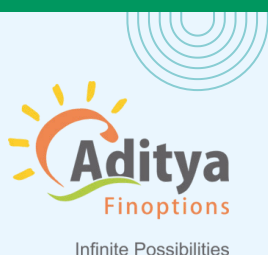
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- HbA1C
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- SGPT
- SGOT
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- Urea
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- Doctor Consultation

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Congratulations

Ace computers has been rated as the best workplaces for women - top 60 midsize companies in India and the only one from Gujarat.

Along the likes of Nivea, Michael page, Inorbit, Eli lily, we work, aegis in midsize and Starbucks, titan, Hilton, axis, Dow, hp, capgemini, Infosys in large org top 100. Many congratulations to Vikrambhai Sanghani, Amit Mehta and entire ACE Software Team



Rtn. Harshvardhan Vora has received an award at Disney Dream Cruise at Singapore on his achievements in his profession.



DISTRICT NEWS

A Special Rotary Foundation Event was held on 23rd September, Tuesday. Rotary Greater was the host club Rtn Holger Knaak, Trustee chair, The Rotary Foundation and Rtn Dr. Bharat Pandya, Trustee, The Rotary Foundation were the guests of honour.

It was an honour to have the two esteemed guests, visit our Lalitalaya (D.P.MC) and a proud moment for club as the project and its activities were immensely praised by the stalwarts. Credit goes to Jignesh bhai Amrutiya, Kalpraj Mehta.. Thanks to all Midtowners who attended the event The Rotary foundation chair, Rtn Holger Knaak was raving about our Lalita laya and mentioned that it was one of the comprehensive Diabetes centres that he has visited (kudos) Rtn Bharat Pandya, Trustee, The Rotary foundation, and Rtn Subramaniam commented that it's a unique and best diabetes centre in the entire country..

Now that calls for a celebration.. Pat your backs Dr. Vibhakarabhai. Vachharajani, Kalprajbhai, Jigneshbhai Amrutiya and TEAM D.P.MC



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ROTARY INTERNATIONAL NEWS

"Taipei City is very happy to welcome over 30,000 Rotary members from all over the world to the Rotary convention next year," said City Mayor Wan-An Chiang. "Taipei is ready, and will extend our warmest hospitality to all the Rotary members to ensure that they have an unforgettable and fruitful visit in our city."

Organized by Rotary International in conjunction with local Rotary members, the convention presents an opportunity to showcase Taipei's culture, food, and attractions. "Rotary in Taipei and across Taiwan is thrilled to welcome Rotary members and participants from around the world back to Taiwan since we last hosted the Rotary international convention in 1994," said Rotary Host Organizing Committee Chair, Jackson Hsieh. "I'm excited to share Taipei's vibrant culture, innovative cuisine, creative and friendly spirit and highlight the positive and lasting change Rotary brings globally and locally."

Rotary's members throughout the world develop and implement sustainable, community-driven projects that fight disease, promote peace, provide clean water, support education, help mothers and children, grow local economies and protect the environment. Over the last 100 years, US\$5.5 billion has been awarded through The Rotary Foundation – Rotary's charitable arm that helps clubs work together to perform meaningful, impactful service.

In Taiwan, Rotary members are engaged in a wide range of community service projects that bring science education programs to rural schools, support Indigenous communities through environment and vocational training, tackle e-waste through computer refurbishing and donation programs, provide meals and companionship to senior citizens, and much more.



ON A. LIGHTER. NOTE

શરદ પૂનમ એટલે મનને પ્રકુલિત કરવાની ઋતુ શરદ પૂનમ મંગલ દિવસ છે. માન્યતા મુજબ આ દિવસે લક્ષ્મીજી આખી રાત્રી દરમ્યાન ભ્રમણ કરે છે. આથી લોકો લક્ષ્મીજીને વધાવવાનું એક બિંદુ દરિયાની છાપમાં પડે તો મોતી બની જાય છે.

આ પૂનમ ને એટલે માલોકદારી પૂર્ણિમા કહે છે. શરદ પૂનમની રાત્રે ચન્દ્ર સામે જોતા દોરો પરોવવાની ક્રિયા કરવામાં આવે તો આંખો નિરોગી બને છે. આંખનું તેજ વધે છે. તેવી માન્યતા છે. મહાકાવ્ય રામાયણના સર્જક મહર્ષિ વાલ્મીકી જયંતિ તરીકે ઉજવાય છે.

પ્રેમ મુદિત મનસે કહો શ્રી રામ રામ પાપ કરે દુઃખ મિટે લેકે રામ નામ ॥ (તુલસીદાસ)

શરદ પૂર્ણિમા એ ચૌવનનો થનગણાટના છે ગમે તેવી ઋતુ છે. ચંદ્ર એટલે પૂર્ણતાનું પ્રતિક, શ્રીમદ્ ભાગવતના દશમ સ્કંધમાં આવે છે કે શરદ પૂનમની રાત્રે સાથે મહારાસ રમ્યા હતા. શરદ પૂનમને ઘણા રાસ પૂનમ કહે છે. વ્રજ એટલે રાસ લીલાનું વૈકુંઠ રાસ ગરબા આજે પણ રમાય છે.

શરદ પૂનમે પ્રભુએ વાંસળીના સૂર છેડ્યા હતા. ઠાકોરજીની આ વેણું આજે પણ ભગવદીયોને વૃંદાવનમાં સંભળાય છે. જે પ્રભુનો આશ્રય રાખે તેને ઠાકોરજી વાંસળી સંભળાવે છે. વ્રજ એટલે વેણું, ઘેનું અને રેણું ગોપીઓનો ઠાકોરજી પ્રત્યેનો ભાવ વર્ણવી ગોપી ને પ્રેમની ધ્વજ કહેવામાં આવે છે. ગોપીઓ રાસ માં જવાની અને પ્રભુ મિલનની એટલી ઉત્કંઠા હતી કે આંખે લગાવવાનું કાજલ ગાલે લગાવ્યું કેવો ગોપી પ્રેમ ?

P.R

ઇશ્વરને મળવાની આવી ભાવના હોય તો જીવનમાં પૂનમ ઉગે. ગોપી ગીત એ ભારતનું અને કૃષ્ણ- પ્રેમનું સર્વોત્તમ ગીત છે. શરદની રાત શ્રેષ્ઠ રાત્રિ ગણાય છે. પ્રભુએ રાસ ખેલ્યો એ શ્રેષ્ઠતાનું પ્રતિક છે.

શરદે દુધ પૌઆ ખાવાનો રિવાજ છે. વરસાદની વિદાય શરદનું આગમન એક અનુસંધાન છે. આયુર્વેદના શાસ્ત્ર મુજબ શરીરમાં જે પિત્તનો પ્રકોપ થયો હોય તે આ દુધ પૌઆ ખાવાથી નાશ પામે છે. દુધ પિત્તનું દુશ્મન છે. ચંદ્રનાં કિરણો દુધ, પૌઆમાં ભળવાથી દમના દર્દીને ફાયદો કરે છે. આપણું કેલેન્ડર ચંદ્રના પંચાંગ મુજબ ચાલે છે.

શ્રીમદ્ ભાગવત મહાપુરાણના દશમાં સ્કંધમાં અધ્યાય 29 થી 33 રાસ પંચાદયાથી ના શ્લોકો છે. ભગવાન શ્રી કૃષ્ણ રસ મય છે.

રસો વૈ સઃ ॥ ભગવાન શ્રી કૃષ્ણ અનંત રસ રૂપ છે.

ભગવાન શ્રી કૃષ્ણ પૂનમ નો મહિમા યુધિષ્ઠિરને સમજાવતા કહ્યું હતું કે શરદ પૂર્ણિમા ની રાત્રી મને ખુબ ગમે છે. પૂનમે કરેલું દાન, યાત્રા, દર્શન પ્રભુને ઘરેલો નૈવૈદ્ય ખુબ પુણ્ય આપે છે.

પૂનમ નો મહિમા

ફાગણ પૂનમ હોલિકા પર્વ રાજા રણછોડને મળવાનું પર્વ

ચૈત્રી પૂનમ મહાવીર હનુમાનનું પર્વ

જેઠ પૂનમ વટસાવિત્રી પર્વ

અષાઢ પૂનમ ગુરૂ પૂર્ણિમાનું પર્વ

શ્રાવણ પૂનમ રક્ષાબંધનનું પર્વ

ભાદરવા પૂનમ પિતૃને શ્રદ્ધાંજલિનું પર્વ

આસો માસ શરદ પૂનમ

આમ શરદ પૂનમ કવિઓને ખૂબ ગમે છે. ઠાકોરજીના ચાહકોને ખુબ ગમતી આ પૂનમ છે. શરદ પૂનમની આ પૂનમ છે. શરદ પૂનમની રાત દિવ્ય રાત્રિ છે. કુદરતની કવિતાનું સૌંદર્ય એટલે શરદ પૂનમ.

રાજા રણછોડ રાયને આ દિવસે દિવ્ય મુકુટ ઠાકોરમાં ધરાવાય છે. આ મુકુટોત્સવ દિવ્ય છે.

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